

# pH stress in bivalves: Effects on growth, calcification, and metabolic processes

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### **Abstract**

Bivalves, which are vital to aquatic ecosystems and aquaculture, are highly susceptible to pH fluctuations caused by ocean and freshwater acidification. This review summarizes the physiological responses of various bivalve species to changes in pH, including effects on growth, shell calcification, metabolism, respiration, feeding, and excretion. Ocean acidification reduces the availability of carbonate ions, which inhibits shell formation and growth and can divert energy toward pH regulation. Species sensitivity varies: marine bivalves are particularly vulnerable to slight decreases in pH, whereas many freshwater species exhibit greater resilience due to their adaptation to variable habitats. Acidic conditions can induce metabolic depression to conserve energy or increase energy demands for maintaining homeostasis, resulting in reduced growth, higher mortality, and impaired reproduction. Feeding rates are highly sensitive to pH, with most bivalves showing optimal activity within a narrow pH range and reduced feeding under acidic stress. Understanding species-specific vulnerabilities and pH tolerance mechanisms is crucial for effective conservation in an increasingly acidified environment.

**Keywords**: Ocean acidification, bivalve physiology, calcification, pH tolerance, metabolic adaptation

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### Introduction

Bivales are stationary and feed by filtering water; they remain in constant contact with their aquatic environment. This makes them highly sensitive to changes in their surroundings, particularly variations in pH levels (Gazeau *et al.*, 2013). This sensitivity, combined with their roles as primary consumers, positions bivalves as key indicators of the impacts of acidification on aquatic systems (Kroeker *et al.*, 2013; Parker *et al.*, 2019).

As CO2 reacts with seawater, it lowers the ocean's pH, reduces carbonate ion concentrations. and inhibits shell formation in calcifying organisms such as bivalves (Gattuso et al., 2018). This reduction in carbonate availability impairs calcification and shell integrity (Parker et al., 2013). For example, a pH decrease of just 0.2 units has been shown to reduce calcification by 25% in Mytilus edulis and by 10% in Crassostrea gigas, highlighting the sensitivity of bivalves to even minor pH changes (Gazeau et al., 2010; Thomsen et al., 2015).

Bivalve species exhibit varying pH due to their diverse tolerances adaptations to aquatic environments. Understanding these tolerance ranges is crucial for predicting responses to ocean and freshwater acidification and for informing conservation efforts and water quality criteria in bivalve aquaculture. Marine bivalves exhibit optimal growth in seawater with a pH range of 7.8 to 8.3, which is ideal for calcification, acid-base balance, and shell formation (Thomsen Melzner, 2010). Even deviations from this pH range can induce stress, particularly in vulnerable larvae and juveniles (Griffith and Gobler, 2017). Freshwater bivalves typically tolerate a pH range of 6.5 to 9.0, which reflects the fluctuating pH levels of inland waters (Seitz et al., 2023; Wang et al., 2008). Species-specific tolerance varies considerably. Marine bivalves are generally more sensitive than freshwater species, with some tropical species exhibiting stress at pH 8.5, likely due to the historically narrower pH range in marine environments (Vlaminck et al., 2022). Blue mussels (M. edulis) tolerate pH levels ranging from 7.2 to 9.0, whereas Pacific oysters (C. gigas) thrive at pH levels between 7.5 and 8.2 but experience high mortality below pH 7.0 (Thomsen et al., 2015). Some deep-sea bivalves near hydrothermal vents exhibit remarkable tolerance, surviving in pH levels as low as 6.0 to 6.5 (Thomsen and Melzner, 2010). Zebra mussels (Dreissena polymorpha) tolerate pH levels from 6.0 to 9.5, but reproduce and grow best between 7.0 and (Burlakova et al., 2014).

Low pH stress reduces bivalve growth and metabolism, leading to increased mortality. Juvenile sunray surf clams (Mactra chinensis) exhibit optimal growth at pH levels between 7.8 and 8.4; however, survival rates decline significantly outside this range. Notably, no clams survived after 24 hours at pH 9.6. Growth is optimal at pH 8.0, with significant reductions observed beyond this range, underscoring their sensitivity to pH fluctuations. Additionally, low pH induces oxidative stress by inhibiting antioxidant enzymes, reducing metabolic efficiency, and increasing vulnerability to cellular damage, ultimately threatening population survival (Istomina et al., 2021; Dai et al., 2023).

Most bivalves tolerate pH levels up to 9.0-9.5, beyond which physiological рН Above stress occurs. maintaining acid-base balance becomes challenging because hydroxide ions interfere with ion transport (Gutowska et al., 2010). Elevated pH also alters mineral solubility, potentially causing irregular shell formation due to calcium carbonate precipitation without organic regulation (Ries. 2011). tolerance to pH changes correlates with the environmental variability of their habitats. **Species** from dynamic estuarine and upwelling zones (e.g., **Mytilus** chilensis, Argopecten purpuratus) exhibit greater resilience to acidification than those from stable environments, suggesting that tolerance to pH fluctuations is an evolved trait in species exposed to variable conditions (Vialova, 2023).

Lower pH levels threaten bivalve **Bivalves** survival. experience physiological stress at pH levels below 7.6 to 7.8, with severe effects occurring below pH 7.4 (Kroeker et al., 2013). Calcification is notably inhibited below pH 7.7, where aragonite saturation becomes critically low for most species (Doney et al., 2020). Freshwater bivalves can tolerate low pH levels (4.5– 5.0); however, chronic exposure to such acidic conditions reduces growth and reproduction and increases mortality (Heming et al., 1988; Dai et al., 2023). This tolerance likely arises from adaptations naturally acidic to freshwater environments and the presence of buffering compounds within these systems.

Environmental stressors increase the negative impacts of pH on bivalve physiology. For example, elevated CO<sub>2</sub>

levels and increased temperatures synergistically increase mortality in Saccostrea glomerata larvae (Parker et al., 2010). Similarly, combined stressors reduce survival rates and shell thickness in Argopecten irradians and Mercenaria mercenaria (Talmage and Gobler. 2010). Larval stages are highly susceptible to pH fluctuations, which can cause reduced growth, delayed development, and increased mortality.

Understanding the physiological responses of species to pH changes is for predicting crucial ecosystem impacts. Given the ongoing decline in global pH levels and the economic significance of bivalve aquaculture (>\$16.8 billion annually) (FAO, 2024), studying the effects of pH across diverse bivalve species remains a critical area of environmental physiology. This study examined growth, calcification, metabolism, respiration, feeding, and excretion in various marine, freshwater, and estuarine bivalve species. This integrative approach provides comprehensive perspective on the effects of pH stress, revealing patterns of vulnerability and resilience that are often obscured in single-species or single-trait studies. The study highlights that species, particularly at various life stages (larvae, juveniles, adults), respond differently to environmental changes. The review examines findings on physiological responses—including growth, shell calcification, metabolism, respiration, feeding, and excretion—to provide a comprehensive understanding of how bivalves cope with pH stress.

### Effect of pH on bivalve growth

Ocean acidification, caused by increased CO<sub>2</sub> levels and resulting in lower pH,

reduces the availability of carbonate ions essential for shell formation in bivalves. This leads to slower growth, thinner shells, and higher mortality rates, young oysters. particularly among clams, and scallops (Talmage and Gobler, 2010; Waldbusser et al., 2015). acidification decreases Ocean saturation of calcite and aragonite, the primary components of bivalve shells, thereby increasing the energy required for shell formation (Zhou et al., 2024). As a result, bivalves allocate energy away from growth and reproduction to maintain internal pH balance under acidic conditions (Liu et al., 2025). Juvenile sunray surf clams (M. chinensis) exhibit optimal growth at a pH of 8.0, with significant declines in growth observed outside the pH range of 7.8 to 8.4 (Dai et al., Acidification particularly harms smaller individuals and certain species, and its detrimental effects on growth and survival are intensified by stressors such as hypoxia and temperature fluctuations (Stevens and Gobler, 2018). Ocean acidification harms bivalve larvae. Larvae grown under preindustrial CO2 conditions (characterized by higher pH) exhibit improved growth, survival, and shell formation compared to those exposed to current and future conditions (characterized by lower pH increased acidity) (Talmage and Gobler, 2010; Liu et al., 2025). For example, research indicates that acidification negatively impacts C. gigas growth. Specifically, juvenile oysters exposed to pH 7.6 exhibited a 25% reduction in shell growth compared to those at pH 8.1 (Gazeau et al., 2007). Atlantic bay scallop larvae (A. irradians) are more sensitive to ocean acidification

than hard clams (M. mercenaria). The results indicated that low pH impairs growth and settlement in A. irradians, whereas blue mussel (M. edulis) and Atlantic surfclam (Spisula solidissima) show minimal responses, suggesting differing adaptive capacities among these species (Kroeker et al., 2010; Talmage and Gobler. 2010). Acidification decreases oyster larval development by disrupting the protein synthesis essential for shell formation. Low pH conditions reduce protein deposition efficiency by 30-40%, delaying calcification and resulting in shells that are 4-6% smaller than normal (Ledezma, 2024). Ocean acidification likely contributes to the decline of bivalves, as evidenced by deformed and eroded shells observed in environments (Gattuso et al., 2018).

Further research is essential to understand bivalve adaptation and their evolutionary potential in response to these ongoing changes in ocean chemistry. Understanding speciesspecific vulnerabilities and developing adaptive management strategies are crucial for sustaining bivalve populations in an increasingly acidified ocean environment.

### Shell formation and calcification processes

Shell formation and calcification are among the most extensively studied physiological responses to changes in pH. Bivalve shell formation requires an adequate supply of carbonate ions for calcium carbonate precipitation. A decrease in pH reduces the saturation levels of aragonite and calcite, thereby inhibiting calcification (Kroeker *et al.*, 2013). Acidification impairs

calcification by directly dissolving secreted CaCO3 and by suppressing the metabolic ion transport that maintains the chemistry of the calcifying fluid. In eastern oysters (Crassostrea virginica), pH levels below 7.6 cause shell dissolution rates to exceed 5 µm per day, forcing the oysters to expend energy on repair rather than growth (Ledezma, 2024). In another study, In Mytilus galloprovincialis, exposure to pH 7.4 during the trochophore stage (24-40 hours post-fertilization) reduced normal development to 56-64%, compared to ≥95% at pH 8.1. Low pH exposure, particularly during shell field formation transition the from (prodissoconch I) to PDII. caused abnormalities such as protruding mantles and malformed hinges. Diurnal pH cycles (7.8±0.4) reduced deformities compared sustained to low suggesting that intermittent recovery periods can reduce the negative impacts of acidification (Kapsenberg et al., 2018). Ocean acidification threatens bivalves by causing shell deformities and developmental problems, which can population declines negatively affect marine ecosystems and aquaculture.

## Metabolic and energetic costs of different level of pH

Reduced pH affects bivalve metabolic rates in complex ways, varying significantly depending on species, exposure duration, and pH level. Bivalve metabolic responses to reduced pH vary widely, ranging from metabolic depression to increased energy demand, depending on acidification and speciesspecific tolerances.

Bivalves often emplov metabolic depression to survive under reduced pH conditions. For instance, Zhao et al. (2017) observed that blood clams (Tegillarca granosa) exposed to pH levels of 7.8, 7.6, and 7.4 over a 40-day period exhibited a significant reduction in respiration rates with the decrease in pH. Since respiration rate reflects metabolic energy expenditure, these findings suggest suppressed aerobic metabolism reduced and energy consumption under ocean acidification. This observation aligns with the broader understanding that metabolic depression is a common stress-response strategy among marine invertebrates (Guppy, 2004). Conversely, Shang et al. (2023) found exposing thick-shelled mussels (Mytilus coruscus) to a pH of 7.7 for 14 days increased their metabolic activity. Elevated electron transport system activity indicated enhanced mitochondrial metabolism and a higher demand for ATP synthesis. acidification exposure increased energy requirements but decreased cellular energy allocation, suggesting a greater metabolic cost to maintain homeostasis. addition. M. coruscus. osteoarthritis significantly alters the biosynthesis of phenylalanine, tyrosine, and tryptophan, as well as metabolism of taurine, hypotaurine, glycine, serine, and threonine. These changes in amino acid metabolism likely reflect the energy required to maintain acid-base balance and potential compensatory responses (Shang et al., 2023). Vialova (2023) found that the commercially important species M. galloprovincialis and Magallana gigas adjust their energy metabolism across a broad pH range (7.0-8.1). A 0.1-unit

decrease in pH (from 8.2 to 7.5) reduced mussel oxygen consumption by 10-20%. Notably, *M. galloprovincialis* respiration remained stable (9.15–9.38  $\mu$ g O<sub>2</sub>/(g dry tissue·h)) within the pH range of 7.2 to 7.5, suggesting metabolic compensation in this range.

Bivalves counteract acidification by upregulating proton pumps, such as V-H+-ATPase, to maintain intracellular pH and by increasing bicarbonate ion (HCO<sub>3</sub><sup>-</sup>) transport to the calcification site (Wright-Fairbanks et 2025). These energy-intensive processes can consume 30-50% of the larval energy budget. Under hypoxic conditions (dissolved oxygen < 2 mg/L), this increased energy demand leads to unsustainable biomass reductions of 17-22% in C. virginica. Multi-stressor experiments demonstrate that the combined effects of hypoxia and acidification reduce condition indices (meat-to-shell ratio) by 35%, indicating a preferential allocation of energy toward shell maintenance over soft tissue growth (Ledezma, 2024). In another study, blue mussels (M. edulis) tolerate moderate pH levels (7.1-8.1) but with metabolic costs. At pH 7.7, they increase energy allocation to their gills

and hemocytes while maintaining ATP synthesis (Guo et al., 2021). However, at pH 7.1, total adenylate pools and ATP levels decrease significantly. Adult regulate ion levels oysters effectively than larvae but still exhibit reduced growth at pH levels below 7.8 (Boulais et al., 2017). Larvae, which lack robust ion regulation, depend on seawater carbonate and are therefore more vulnerable to pH decreases that adversely affect their growth (Wright-Fairbanks et al., 2025) (Table 1). The metabolic rate responses of bivalves to varying pH levels are complex and depend on several factors, including species-specific traits, the exact pH level, the duration of exposure, and interactions with environmental variables. While extreme acidification typically suppresses metabolism to conserve energy, moderate pН can initially reductions stimulate metabolic activity as organisms try to maintain homeostasis. Future research investigate should the molecular mechanisms underlying these metabolic responses and investigate acclimation or processes that improve adaptation bivalve resilience to ocean acidification.

Table 1: Effect of pH on energetic costs in bivalves.

Species	pH levels	Energetic parameter	Effect	Reference
Patinopecten yessoensis	8.0 (control) and 7.5	Energy reserves (Glycogen)	Decreased in adductor muscle but increased in the hepatopancreas.	Liao et al. (2019)
M. coruscus	8.1 (control) and 7.7	Energy demand	Significantly increased, indicating higher basal maintenance costs.	Shang et al. (2023)
M. gigas	8.0 (control) and 7.4	Energy demand	No change in total energy consumption during first-shell formation.	Vialova (2023)
M. coruscus	8.1 (control) and 7.7	Cellular energy allocation	Significantly decreased, indicating a mismatch between energy demand and supply.	Shang et al. (2023)
C. gigas	8.1 (control) and 7.7	Cellular energy allocation	Decreased due to lower energy reserves and higher energy demand.	Frieder et al. (2017)
P. yessoensis	8.0 (control) and 7.5	Energy allocation	A large amount of energy was allocated to ion regulation (Na+/K+-ATPase) in the mantle and gill.	Liao et al. (2019)

Respiration and oxygen consumption Bivalve respiration responses to pH changes vary across species environmental conditions. A decrease in pH often induces metabolic inactivity. resulting in a reduced rate of respiration (Zhao et al., 2017). This is often regarded as an adaptive strategy for conserving energy during periods of stress. For example, in Noble scallop Mediterranean (Chlamvs nobilis). mussel (M. galloprovincialis), and blood clam (T. granosa), respiration rates decrease significantly as pH declines. Mussels exhibit a 10-20% reduction in oxygen consumption for every 0.1 unit decrease in pH between 8.2 and 7.5, with a sharp drop at pH 7.0. This suppression of aerobic metabolism is thought to enhance survival under acidification stress (Liu and He, 2012).

While some studies report increased respiration under acidified conditions, this is often linked to the elevated energy expenditure required to maintain acid-base balance and support other physiological processes (Shang *et al.*, 2023). For instance, the larvae of the

California (Mytilus mussel californianus) exhibited a two to threefold increase in respiratory activity at an approximate pH of 7.4. Similarly, adult blue mussels (M.edulis) demonstrated increased oxygen consumption рН decreased as (Waldbusser et al., 2015). A transient increase in oxygen consumption was also observed in M. galloprovincialis and Pacific oysters (M. gigas) at pH 7.7, possibly indicating an initial stress preceding metabolic response depression (Vialova, 2023).

Some bivalves maintain stable respiration rates despite decreased pH levels. For example, the pearl oyster (Pinctada fucata) and the green-lipped mussel (Perna viridis) exhibit no significant in change oxygen consumption between pH 8.1 and 7.4 (Liu and He, 2012). This suggests that certain species may be more resilient to acidification, potentially by prioritizing metabolic stability over processes such as growth (Table 2).

Table 2: Effect of pH on metabolic costs in bivalves.

Species	pH levels studied	Metabolic parameter	Effect	Reference
T. granosa	8.1 (control), 7.8, 7.6 and 7.4	Respiration rate	Significantly reduced with declining pH, indicating suppressed aerobic metabolism.	Zhao <i>et al</i> . (2017)
C. nobilis	8.1 (control), 7.7 and 7.4	Respiration rate	Significantly lower at pH 7.4.	Liu and He (2012)
M. californianus (larvae)	8.3 to 7.4	Respiration rate	Elevated at very low pH (~7.4); no change between pH 8.3 and 7.8.	Waldbusser et al. (2015)

Species	pH levels studied	Metabolic parameter	Effect	Reference
M. galloprovincialis	8.1 to 7.0	Respiration rate	Decreased by 10-20% per 0.1 unit drop (pH 8.2-7.5); stable from pH 7.5 to 7.2, then dropped at pH 7.0. Some studies report metabolic depression at pH 7.3.	Vialova <i>et al.</i> (2023)
C.gigas	8.1 to 7.0	Respiration rate	Decreased by 10-15% per 0.1 unit drop, reaching a minimum at pH 7.2-7.0.	Frieder <i>et al.</i> (2017)
P. fucata and P. viridis	8.1 (control), 7.7 and 7.4	Respiration rate	No significant effect.	Liu and He (2012)

### Feeding and excretion rates

The filtration rate of bivalve mollusks, a critical factor influencing their growth, health, and ecological role, is highly sensitive to pH levels. Both natural variations in pH and human-induced changes, such as ocean acidification, can significantly affect their feeding efficiency. filtration Bivalve is influenced by pH because these animals physiologically respond both and behaviorally to changes in their chemical environment, particularly to maintain the acid-base balance of their haemolymph when external seawater pH fluctuates (Islam et al. 2020; Tsear 2021). Research demonstrates that the filtration capacity of bivalves exhibits a unimodal relationship with pH levels, reaching its peak at an optimal threshold rather than following a linear pattern. For example, the freshwater pearl mussel Lamellidens marginalis filters significantly faster at pH 8.0 than at pH 7.5 or 8.5 (Islam et al. 2020). Loayza-Muro and Elias-Letts (2007) observed that the freshwater mussel (Anodontites trapesialis) filtered most effectively at pH 8.0, with filtration rates decreasing under significantly more acidic conditions. Similarly, the thick-shelled mussel (M.coruscus). exhibit significant reduction in clearance rate at noble scallops, green-lipped mussels (P. viridis), and blood clams (T. granosa) at lower pH levels (Liu and He, 2012; Zhao et al., 2017; Shang et al,. 2018). Reduced feeding can limit the energy available for vital physiological processes, including acid-base regulation and biomineralization (Zhao et al., 2017). Conversely, pearl oysters exhibited increased clearance rates at a pH of 7.7 (Liu and He, 2012). Reduced feeding due to ocean acidification is a critical sublethal effect that limits a bivalve's energy intake, potentially weakening growth, reproduction, and stress resilience (Gazeau et al., 2013) (Table 3).

Table 3: Bivalve filtration rate changes under ocean acidification.

Species	pH Range tested	Filtration rate response	Reference
T. granosa	8.1 (control), 7.8, 7.6 and 7.4	Significantly decreased with declining pH.	Zhao et al. (2017)
L.marginalis	7.5 to 8	Significant increase	Islam et al. (2020)
M. galloprovincialis	7.5-8.2	Decrease (10-20% per 0.1 pH unit)	Liu and He (2012)
M. galloprovincialis	7.2-7.5	No significant change	Vialova (2023)
C. nobilis	8.1 (control), 7.7 and 7.4	Decreased significantly at lower pH levels.	Liu and He (2012)
P. viridis	8.1 (control), 7.7 and 7.4	Decreased significantly at lower pH levels.	Liu and He (2012)
P. fucata	8.1 (control), 7.7 and 7.4	Rate was highest at the intermediate pH of 7.7.	Liu and He (2012)
Abra alba	7.2–8.2	No significant effect of pH observed	Vlaminck et al. (2022)

Acidic conditions (low pH) induce stress in bivalves, resulting in tissue irritation and a protective valve closure response through adductor muscle contraction (Loayza-Muro and Elias-Letts 2007). Valve closure significantly reduces water pumping and filtration. Addressing internal acidosis requires energy, which may stop filter feeding by diverting energy away from ciliary activity (Shang *et al*,. 2018).

The effect of pH on filtration rate often depends on various environmental factors, leading to complex interactions. For example, rising temperatures can exacerbate the effects of pH changes. For example, Vlaminck et al. (2023) found that warmer temperatures intensified the negative impacts of acidification on white furrow shell (Abra alba), leading to increased mortality and a reduced contribution to sediment biogeochemistry. The harmful effects of a lowered pH level are increased by the presence of pollutants. For instance, the decreased clearance rate of M. coruscus

at low pH was further intensified by exposure to nano-ZnO particles (Shang et al., 2018), illustrating that multiple stressors can interact synergistically to exceed an organism's physiological capacity. A bivalve's energy intake from food influences its resilience to pH stress. Tsear (2021) observed reduced clearance rates under acidified conditions and suggested that prolonged exposure. coupled with decreased energy intake, could adversely affect their health and aquaculture potential.

filtration efficiency Bivalve primarily influenced by water pH, with most marine and freshwater species exhibiting optimal filtration under slightly alkaline conditions. Ocean acidification induces physiological stress and reduces feeding activity, with species-specific responses that are further intensified by rising temperatures and pollutants.

Ammonia excretion indicates the catabolism of proteins and amino acids. Liu and He (2012) found that excretion

rates were significantly lower at pH 7.4 for P. fucata, C. nobilis, and P. viridis, amino suggesting reduced catabolism. This reduction may reflect metabolic adjustments that conserve energy and minimize the production of nitrogenous waste under pH stress. Conversely, blood clams exhibited elevated ammonium excretion at lower pH values, indicating increased protein utilization for energy (Zhao et al., 2017). This reduction may reflect metabolic adjustments that conserve energy and minimize the production of nitrogenous waste under conditions of pH stress.

### Conclusion

Bivalve physiological responses to pH stress vary across marine, freshwater, environments. and estuarine Fluctuations in pH, particularly acidification, negatively affect bivalve physiology by impairing growth, calcification, metabolism, and feeding. Marine bivalves are highly sensitive to even slight decreases in pH, resulting in reduced survival rates and disrupted energy allocation. In contrast, freshwater species exhibit greater tolerance due to evolutionary adaptations. Larval and juvenile stages are especially vulnerable, often displaying developmental abnormalities, reduced growth, and increased mortality. Future research focus should on the molecular mechanisms underlying metabolic and physiological responses, investigating long-term acclimation and adaptation processes, and examining the combined of multiple environmental effects stressors.

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