

Harnessing the environmental and economic potential of seaweed to create a resilient future of aquaculture

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Abstract

From the past 25 years the demand of macro-algae increase globally and its culture grown rapidly due to their environmental, nutritional and industrial strengths. It is also known for their rich content of lipids, fibers, protein, minerals and bioactive compound that make it priceless for the consumption of human animals, and aquatic organisms also use in pharmaceutical, nutraceutical and in cosmetics. Due to their rich content of polyunsaturated fatty acids and vital amino acids, macro-algae are developing as a sustainable substitute for fish oil in aquaculture feed. Historically employed in agriculture for their plant-growth-promoting properties, seaweeds continue to provide to enhancing crop yield. Furthermore, seaweed farming supports environmental stewardship by enhancing coastal ecosystem health and contributing a viable source of biofuel through anaerobic digestion. The diversity of seaweed species adaptable to various climates from tropical to temperate underscores the importance of increased investment in scientific exploration, technological advancement, and strategic policy-making to accelerate the development of the seaweed industry and its contribution to advancing the blue economy.

Keywords:

Seaweed, Sargassum, Macro-algae, Cultivation

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Introduction

Macroalgae, or seaweed. are photosynthetic marine organisms from the kingdoms Chromista or Plantae, serving as key primary producers in coastal ecosystems. The contribution of seaweed aquaculture to the economics of coastal communities is the employment of the millions of people; with 96% of all aquaculture engagement located primarily in Asian countries (FAO, 2020). It has been estimated that macroalgae have 9000 species worlwide (Khan et al., 2009). They are plant-like in form but they lack true roots, stems, and vascular tissue (Dawes, 2016). Beyond its commercial importance, seaweed cultivation plays a key role in promoting environmental sustainability by improving diverse ecosystem functions. ecological It supports processes such as nutrient cycling, primary production, species diversity, and habitat integrity, while also aiding in regulation of sediment flow, atmospheric interactions, and biological systems, including the reduction of eutrophication (Hasselström et al., 2018)

Seaweed play an important role in maintaining the food chain in aquatic environment, and the absence of macroalgae show the disturbance in the water body (Khan *et al.*, 2009). Seaweed is considered as the living resources of marine and also known as the wealth of ocean (Paul *et al.*, 2007). The seaweed can store good amount of carbon and lessen its free level. As it is observed that global warming is intimidating remark seen on earth (Botkin *et al.*, 2007; De Schryver *et al.*, 2009). They amend the

ecosystem of marine and reserve the diversity. Various organisms of marine are seen adhered near the algal biodiversity, and play a productive role in the food cycle (Jones *et al.*, 2000). Single kelp can engage 8000 macro invertebrates organisms (Burrows *et al.*, 2014) and the individual engaged here will elevate with increase in the number of algae and provide larger habitat area (Christie *et al.*, 2003). Sea cucumbers, starfish, shrimp, snails, and crabs are examples (Burrows *et al.*, 2014).

Nutritional profile

Commonly, macro-algae comprise macronutrients including lipids (vital fatty acids, n-3 and n-6), proteins (essential amino acids), and carbohydrates (dietary fiber), micronutrients, such as vitamins and minerals. This composition has good health benefits on the health of living organism's e.g, anti-obesity, antioxidant. antibacterial and antiinflammatory (Buschmann et al., 2017). High amount of various vitamins (A, K and B12), present in seaweeds, minerals, protective pigments and trace elements that are important in the diet of humans, might collaborate with European union permitted nourishing entitlements (such as iron, iodine, magnesium or calcium) linked with cognitive function, bone health, muscle function, normal growth and maintaince of normal metabolism (Mabeau S and Fleurence, Macartain et al., 2007; Barbier et al., 2019) (Fig. 1).

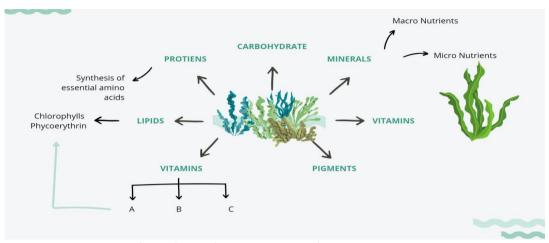


Figure 1: Nutrional components in macro-algae.

Some macro-algae are a great source of protein, carbohydrates, and vitamins A, B, B2, and C. Eatable seaweed has polysaccharides (starch, hydrocolloids, floridoside, laminarin, cellulose and hemicellulose such as agar, carrageenan and alginate) vitamins (A, B1, B2, B9 (folic acid), B12, C, D, E, and K), protein, minerals (Na, I, Mg, Fe, K, Ca, Se, Zn, and F), polyphenols (flavonols, phlorotannins, and catechins) amount of fat which are poly and monounsaturated with little caloric value and antioxidants (polyphenols, vitamin and Ε. carotenoids, sulphated polysaccharides, sterols, phlorotannins, proteins and catechins) (MacArtain et al., 2007; Fernández et al., 2018; Pandey et al., 2020). In addition to these, there are several trace elements and minerals, with iodine being the most notable. Its low calorie content and suitability for all types of vegetarians is an added benefit. Minerals like calcium. potassium, sodium. sulphur, magnesium, phosphorus, chlorine micronutrients that are present in different seaweed are iron, molybdenum, copper, manganese, nickel, iodine, cobalt, zinc, selenium,

fluoride and boron. Normally brown seaweed has (upto 15%) protein whereas red and green seaweed have high protein (upto 30%) (Kolanjinathan *et al.*, 2014).

Many of its species include a variety of minerals; brown seaweed is typically the best provider of iodine. Although the amount of protein and calcium varies from species to species, the amount of fat is minimal. In general, the protein content of red and green seaweeds is higher (up to 30%), whereas that of brown seaweeds is lower (up to 15%) (Kolanjinathan et al., 2014). Glutamic and aspartic acid collectively constitute enough portion of amino acid in various seaweed (Astorga et al., 2016; Bikker et 2020) mainly in A. nodosum (38.22% of total amino acids) (Kadam et al., 2017), U. rotundata (32%), U. rigida (26%) and *Fucus spp.*, 22-44%, (Fleurence, 1999) C. crispus (38.62%), Gracilaria spp., 25.82%), Ulva spp., formerly Enteromorpha spp.) (28.11%) (Kazir et al., 2019).

The minimum amount of carbohydrates is recorded in *Dictyota dichotoma* a brown seaweed (10.63%) and highest amount of carbohydrates are

seen in green macro algae *E. intestinalis* 28.58 % (Parthiban *et al.*, 2013). Chakraborty and Santra 2008, reported the content of carbohydrates in *E. intestinalis* (30.58%) and *U. lactuca* (35.27%).

Types of seaweed

Macroalgae categorize on the basis of presence of photosynthetic pigment and cell wall structure Rhodophyta (red), Chlorophyta (green), and Phaeophyta (brown). Their color is due the pigments fucoxanthin, chlorophyll and phycoerythrin (Khan et al., 2009). Amoung 200 known species of seaweed, nearly 10 species of macroalgae are cultivated extensively which contain brown seaweeds (Undaria pinnatifida, Sargassum Saccharina japonica, fusiforme), green seaweeds (Cauleurpa spp., Monostroma nitidum. Enteromorpha clathrata) and red seaweeds (Kappaphycus alvarezii, Eucheuma spp., **Porphyra** spp., Gracilaria spp.) (FAO, 2018).

Green seaweed

Chlorella, enteromorpha and ulva are predominant seaweed. Approximately 305 species of macroalgae with bladelike or filamentous morphologies are known to exist in the genus Ulva. Many species of *Ulva* are edible (Pereira, 2016), and they typically have intriguing traits that make them very appealing for aquaculture, including broad distribution, rapid growth, high environmental tolerance, low susceptibility to epiphytism, and high

capacities for nutrient uptake (Carl *et al.*, 2014; Hiraoka *et al.*, 2020).

The green macroalgae Enteromorpha intestinalis and Ulva lactuca found to enough contribution in carbohydrate content i.e 30.58% and 35.27% (Chakraborty and Santra, 2008; Parthiban et al., 2013). The content of fiber in edible seaweed varies from 33-62% of dry mass which high in amount as compare to other higher plants. In seaweed lipid content concentration varies from 1.33% in E. intestinalis and 4.6% in E. clathrata. It is reported in some studies the amount of lipid, that is 1.33% in Kappaphycus alvarezii and Utricularia rigida 12%, respectively (Satpati and Pal, 2011; Rajasulochana et al., 2012) (Fig. 2).

Green seaweed has acidic nature polysaccharide e.g sulfated galactans, xylans and sulfated polysaccharides that present in the green seaweed's cell wall (Wu et al., 2020; Wang et al., 2020b, Wassie et al., 2021; Li et al., 2021a; Cao et al., 2022; Chen et al., 2022). βcarotene have antioxidant quality that can be formed by microalgal Dunaliella salina that help to control the damaging effect of free radicals, that can cause serious problems of life including coronary heart disease, arthritis, premature aging and cancer (Dembitsky and Maoka, 2007; Miyashita, 2009). produced Astaxanthin are from haematococcus pluvialis, it's a red of carotenoid component make astaxanthin interesting by showing antioxidant properties, antiinflammatory, anti-diabetic and anticancer (Ambati et al., 2014; El-Baz et al., 2018) (Table 1).

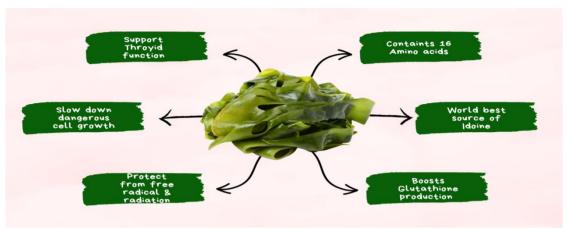


Figure 2: Functions of Green macro-algae.

Table 1: Role of green seaweed.

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Green Macroalgae	Compound	Bioactivity	References	
Ulva fasciata	Sulpholipids	Antibacterial	El Baz et al., 2018	
	-	Antiviral	-	
-	-	Antitumoral	-	
Codium vermilara	Sulphated polysaccharides	Anticoagulant	Ciancia et al., 2007	
Codium dwarkense	-	-	Siddhanta et al., 1999	
Ulva australis	-	Antioxidant	Qi et al., 2005	
Ulva rigida	-	Antitumoral immunodulatory	Leiro et al., 2007	
Ulva prolifera	-	-	Kim et al., 2011	
Monostroma latissimum	-	Antiviral	Kazłowski et al., 2012	
Codium fragile	-	Antiviral	Ohta et al., 2009	
Codium fragile	Siphonaxanthin	Antitumorl	Ganesan et al., 2010	
-	-	Antiangiogenic	Ganesan et al., 2011	
Ulva armoricana	Glycolipids	Antitumoral	Kendel et al., 2015	
Codium tomentossum	Lipids	Antioxidants	Rey et al., 2020	
Caulerpa racemosa	Squalene	Anti-inflammatory	Fernando et al., 2018	
Bryopsis spp	Depsipeptides	Antiviral	Suárez et al., 2003	
-	-	Antimalarial	-	

Red seaweed

The Rhodophyta (red algae) are red in color due to the pigments (Knowler et al., 2020). Important pigment named Phycocyanin seen in red seaweed (Cian et al., 2014). The profitable use of this compound is used as natural dyes in soft drinks, chewing gums, cosmetics and in dairy products e.g eyeliner and lipstick (Spolaore et al., 2006). In all that, these compounds are good for advantageous bioactivities, so they are represented as nutraceutical products (Sekar and

Chandramohan, 2008). Component extracted from seaweed called Carrageenan. It is taken from one nominated group named carrageenophytes which is known as carrageenan producers; belong to the family Gigartinales (Gurgel *et al.*, 2007; Pereira and Mesquita, 2003) (Fig. 3).

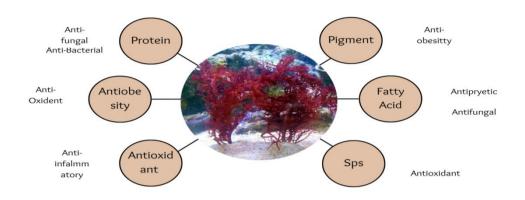


Figure 3: Role of red macro-algae.

Eucheuma and Kappaphycus are important red seaweed, also collectively known as eucheumatoids produced highly due to universal demand (Buschmann et al., 2017). From seaweed carrageenan is produced but it is not

adapted by humans, with no nutritional value and low fiber, it is just used for thicken food products (Imeson, 2009). Carrageenan is similar to the carboxymethyl cellulose (CMC) it is used as binder in toothpaste (Bixler and Porse, 2011). Among all three phyla high digestibility seen in the red seaweed (Tibbetts et al., 2016), compare the values with various plants, some grains (69–84%), fruits (72-92%), vegetables (68-80%)and legumes (72–92%) (Tibbetts et al., 2016; Bleakley and Hayes, 2017). 17% of digestibility recorded in U. pinnatifida (brown) 66.6% when using pepsin (acidic pH, 37 °C) and pancreatin (pH 7.6, 37 °C), respectively (Fujiwara et al., 1984).

Red macroalgae are typically characterized by flavonoids and phenolic acids among compounds of phenols. Additionally compound of phenol (bromphenol and phlorotannins)

sole to sources of marine in less quantity and have good antioxidant activity (Olsen *et al.*, 2013; Cotas *et al.*, 2020a; Dong *et al.*, 2021). It contains anti-inflammatory anti-oxidant and anti-aids property (Choi *et al.*, 2018; Paudel *et al.*, 2019). Major terpenoids are named as carotenoids that seen in red macroalgae that contribute to distinct pigmentation, that characterized by zeaxanthin, α -carotenes, β -carotenes and lutein (Holdt and Kraan, 2011; Zubia *et al.*, 2014; Kavalappa *et al.*, 2019; Cotas *et al.*, 2020b; Ávila-Román *et al.*, 2021).

Gracilaria

Two of the most widely grown seaweeds in the world are the red algae Gracilaria Gracilariopsis, which produce about 3.8 million tons a year and are valued at approximately US \$1 billion (FAO, 2017). China and Indonesia have been primary producers Gracilaria/Gracilariopsis. accounting for 70% and 28% of global production, respectively, whereas Chile is the most producing nation in the Americas (FAO, Presently, 185 species 2014). of Gracilaria 24 and species of **Gracilariopsis** are taxonomically recognized (Guiry, 2014). Approximately 66% of all agar is produced by Gracilaria/Gracilariopsis (Pereira and Yarish 2008). Currently, 24 species of Gracilariopsis and 185 species Gracilaria of are recognized taxonomically (Guiry and Guiry, 2016). There are four primary methods for cultivating Gracilaria/Gracilariopsis including pond tank cultures, near-shore bottom cultivation, and open water rope cultivation (Oliveira et al., 2000; Sahoo and Yarish 2005: Pereira and Yarish. 2008). Gracilaria is mostly utilized for

agar production and as feed for abalone. while Kappaphycus/Eucheuma predominantly used for carrageenan extraction. Similar to alginate that is taken from brown seaweeds, seaweedbased hydrocolloids like agar and carrageenan are utilized extensively in both the food and non-food industries. The coastal populations where Gracilaria and Kappaphycus/Eucheuma are grown also eat them as human foods (such as pickles and salads). Porphyra are typically consumed by humans as ingredients in soups and sushi wraps (FAO, 2018) (Table 2).

Table 2: Brown seaweed.

Country -		Laminaria/Saccharina cultivation	
		Tonnes	Share of world (%)
	World	12273748	100.00
1	China	10978362	89.45
2	Japan	32600	0.27
3	Spain	0.14	0.00
4	Republic of Korea	662557	5.40
5	Norway	73	0.00
6	Faroe Island	156	0.00
7	Democratic people's republic of Korea	600000	4.89

FAO 2021 Fishery and Aquaculture Statistics.

Brown seaweed

Asia produced almost all of the kelp: South Korea 6.6%, North Korea 4.4%, and China 88.3% (FAO, 2017). Traditionally used primarily for human food, kelp has recently seen a rise in use as abalone feed because of its inexpensive production costs (Hwang *et al.*, 2013). 358 taxonomic species of brown seaweed, among all genuses Sargassum is richest one (Guiry and Guiry, 2016). Beds of Sargassum are

essential habitat that provides nursery, spawning and grounds of feeding for different aquatic organisms (Komatsu *et al.*, 2014) play role an important ground for the support of aquatic life and whole ecosystem, good enough habitat for mangrove forests, coral reefs and seagrass beds. In addition Sargassum also has potential to use as an animal feed (Kim *et al.*, 2015) and fertilizer (Williams *et al.*, 2010).

In the cell wall of brown seaweed alginates are seen with varies structures of chemical, characteristics depends on the various genera of brown seaweed. Durvillaea. Laminaria. Ecklonia. Macrocystis, Lessonia, Ascophyllum and Sargassum spp. are the species of brown seaweed that have alginate. Use of alginates in cosmetic, food, textile, pharmaceutical and construction industries due to its capability to be used as thickeners, emulsifiers, gel forming agent, binding agent because of its condense aqueous nature (Wiltshire et

al., 2015).

From brown algae get fucoidans (Costaria costalla. Undaria pinnnatifida, Eclonia cava, Sargassum horney) that hinder the spread of colon cancer cells and melanoma in human, and used as an operative agent for antitumor (Suganthy et al., 2010; Ermakova et al., 2011). The strong antioxidant activity of various macroalgae are used for decreasing the oxidative stress on cell and treat different serious diseases. These macroalgae also contain hepatoprotective, curative wound properties and anthelmintic (Sharma et al., 2016) (Table 3).

Table 3: Bioactivity of brown macro-algae.

Table 3: Bloactivity of brown macro-algae.					
Brown Macroalgae	Compound	Bioactivity	References		
Ascophyllum nodosum	Sodium alginate	Prebiotic	Okolie et al., 2020		
Fucus vesiculosus	Fucoidan	Anti-angiogenesis	Oliveira et al., 2019		
Sargassum polycystum	Fucoidan fraction-2	Antibacterial	Palanisamy <i>et al.,</i> 2019		
Sargassum glaucescens	Fucoidan	Hair growth promoting	Huang et al., 2022		
Padina pavonioca	Sulphated polysaccharides	Anticancer, antioxidant	Cao et al., 2016		
Sargassum angustifolium	Fucoidan	Wound healing	Amiri et al., 2023		
L.japonica	Polysaccharides	Antiviral	Cao et al., 2016		
Sargassum ilicifolium	Fucoidan	Antioxidant (bone regeneration)	Devi et al., 2022		
Sargassum horneri	Alginic acid	Anti-inflammatory	Fernando et al., 2018		
Sargassum fulvellum	Sulphated polysaccharide	Anti-inflammatory	Wang et al., 2021		

Extract and uses

Different chemicals were extracted out from macro-algae and utilized in the different products of biotechnology, cosmetics and food (Carneiro-daCunha et al., 2011; Singh et al., 2018; Hu et al., 2021). Extract of seaweed used as addition to diet of fish which can increase the lipid metabolism, growth, stress response, physical activity, and

carcass quality, disease resistance of different species of fish (Soler *et al.*, 2009; Güroy *et al.*, 2011). Microalgae also show promise in carbon sequestration, biofuels, wastewater remediation, and algae meal and oils (Khan *et al.*, 2008). Recently seaweed farms are inhibited near coast and protected area (Kim *et al.*, 2017).

As reported, algae of marine are enough in biocompounds and nutrients (Vlaisavljevi et al., 2021). Phycocolloids are naturally polysaccharides that obtain from seaweeds and have miscellaneous physicochemical features (Los Ficocoloides en la Industria, 2022). The phycocolloids found in the species named Sargassum are laminarin, fucoidan and alginate (Marliana et al., 2018). They are known to perform various biological functions neuroprotective effects (Bălas et al., 2020), anti-collagenase activity. antitumor potentials and antimicrobial effects (Kalasariya et al.. antioxidant activities (Liu et al., 2020).

Fucoidans

Fucoidans are considering as the important bioactive compound originate in Sargassum specie, and fucose is chief monomer. The fucoidans composition depends on various factors i.e climate condition, species and geographical area of recovery etc. Antiviral, anti-bacterial properties seen in fucoidans also contain anti-cancer and antioxidant (Marliana *et al.*, 2018).

Alginates

Aginic acid salts from alginates are the derivatives. Their main function is give structural composition to the cell wall because of its viscous nature and gel formation physiochemical properties (Bălas *et al.*, 2020). It is demonstrated from study that in the body, alginic acid averts the preoccupation of heavy metals. It is examined that derivatives of

alginate play role as a curative compound against neurodegenration. Alginic acid is advantageous for health, play role as a dietary fiber and decrease cholesterol level (Holdt, and Kraan, 2011).

Phycocolloid

From different brown seaweed species (Saccharina, Laminaria, Fucus, Laminariaceae and Eisenia) cell wall present linear polysaccharide which is non-toxic and biodegradable named phycocolloid laminarin. This compound has ability to play anti-inflammatory, antioxidant, as prebiotics and antitumor properties (Huang *et al.*, 2022).

The industry of food is the largest industry, consumable macroalgae have the ability to form functional food form various years. Researchers made enough effort from 15 years to know their novel way to use in meat products as bioactive compound to enhance its value (Gullón *et al.*, 2020). The industries of cosmetics contain biocompound of marine that used as a, gelling agents, viscosifiers and stabilizers (Pradhan *et al.*, 2022).

Distribution

In Pakistan 234 species of macro-algae are seen in it 110 seaweed genera are reported on the coast of Balochistan, distributed 57 families widely, 33 orders, 12 classes and 6 divisions (MFF Pakistan, 2016). Variety of marine benthic seaweeds seen on the different coastal waters e.g Manora, Pacha, Cape Monze, Sandpit, Buleji, Nathiagali and Paradise Point (Rizvi *et al.*, 2001).

It is explained that the occurrence of important seaweeds was seen in Buleii and Manora where commonly 20 species were seen e.g Halymenia porphyroides, S.typopodium zonale, P.adina pavonica, Ivengaria nizamudinii, S. boveanum, Colpomenia sinuosa, Lobophora variegate, D. Colpomenia indica. sinuosa, Jania adherence, Stokyia indica. Spatoglossum variabile, P. Cvstoseira indica. S. gymnospra, vulgare, I. stellata, S. filifolium, D. hauckiana and Dictyota dichotoma were seen abundantly (Bashir et al., 2023). 14 species of macro algae seen in

Hawksbay, Paradise and Sandspit areas e.g Udotea indica, Colpomenia sinuosa, Iyengaria sp., Padina spp., Padina spp., Jania adherence, Laurencia pinnatifida Caulerpa taxifolia, Cystoseira indica, Dictyota indica. Sargassum Gelidium pusillum while at Mubarak village and Sonehra point the most common found was Dictvota indica and Codium iyengarii, in the area Chach Jaan Khan K.T. Bandar and at Shahbandar the dominant specie seen was Enteromorpha flexsousa (Bashir et al., 2023)

Hameed and Ahmed (1999) figured 85 species from Bulegi and explained different micro-habitat linked with algae. It is reported by Saifullah (1973) that 48 species seen in Buleji, Karachi. 36 species of phenophyta seen at the caost of Karachi (Abbas, 2010), it is reported 60 species of algae in Karachi at side of ocean Nathiliagali, 58 species of algae were reported by Nazim *et al.* (2012) at Bulegi, Karachi. Nearly, brown seaweed has 29 genera and 90

species which identified from the coast of Karachi in Pakistan (Shameel and Tanaka, 1992; Aisha and Shameel, 2013).

Cultivation status

In 2019 normally, different five types of seaweed consider 95% present in world among all seaweed cultivation. Saccharina and Laminaria consider 34.65% of overall world production for consumption purpose, mostly in sauces, condiments and salads. From tropical algae carrageen is taken Eucheuma and Kappaphycus nearly 32.62%. Undaria, Gracilaria and Porphyra accounted for 7.16%, 10.32% and 8.33% (Zhang et al., 2022). It is reported that in 2018 nearly 50 countries appealingly doing seaweed cultivation with representing 32.4 million tons 97.1% in average collectively cultivated and wild (FAO, 2020; Chopin and Tacon, 2021).

It is reported by financial time that the rise in global population to nearly 10 billion by 2050 (Koyande et al., 2021). from terrestrial plants algae grow 10 times faster, and contain less than one of land for cultivation by producing same amount of biomass. Algae growth does not content with other plants of land. It inseminates more effectively than terrestrial plants, evades intensive use of water, wasting of fertilizers, eutrophication downstream linked with advanced agriculture (Tzachor, 2019). Sea space around 4 million square kilometers would be used in the culturing of seaweed that based for the formation of biofuels to balance the

liquid fuel and its consumption globally (Kite-Powell *et al.*, 2022).

Cultivation history

Undaria spp. and Saccharina spp. From last 50 years different trails for the cultivation of kelp were applied all over the world to gain good results and new methods (Bak et al., 2020). Production of Saccharina spp. and Undaria spp. are increased due to high demand in the feed of Korea (Hwang et al., 2013).

Neopyropia/Pyropia/Porphyra

From hundred years in Japan cultivation Neopyropia/Pyropia/Porphyra performed and it is popular in the industry of aquaculture of China, Japan and Korea (Mumford et al., 1988; Pereira and Yarish. 2008). N haitanensis, N. yezoensis and N. tenera are the commercial species produced (commonly in Japan, China, and Korea) taxonomically among 138 species Porphyra, Pyropia and Neopyropia are accepted (Guiry and Guiry, 2016). Mainly three species (Py. Haitanensis, Py. Tenera and Py. Yezoensis) cultivated commercially, commonly in Japan, Korea and China (99.99% of total production) (FAO, 2017). The method of culturing Porphyra in all these countries with some productive changes (Sahoo and Yarish, 2005; Pereira and Yarish, 2008; Pereira et al., 2015). It is reported that largest blooms macroalgae in world were originated from grown ulva on the bundle of Porphyra farm in the china Southern yellow sea (Liu et al., 2009; Hu et al.,

2010; Zhang et al., 2016; Huo et al., 2016).

Kappaphycus sp. and Eucheuma sp. Eucheuma sp., and Kappaphycus sp. has been produced in Philippines and Indonesia (FAO, 2014) major source of carrageenan (over 80% of world's carrageenan production) (Hayashi et al., 2010). Eucheuma denticulatum and Kappaphycus alvarezii are mostly farmed where 30 and 6 species are accepted taxonomically of each genus (Kim et al., 2017).

Methods of seaweed cultivation

10,000 seaweed species identified in world but only 145 is being cultured by humans for their texture, culinary versatility and flavor also include Monostroma, Laminaria, Caulerpa, Hizikia. Undaria, Porphyra and (Baweja 2016). Palmaria et al., Commonly substrates are required to green seaweeds in order to attach themselves that makes slight difference in the process of cultivation in between red and green seaweed. The green seaweed of genus caulerpa (sea grapes) requires sand or loamy substratum to attach themselves using rhizoids and elongates and they propagate by their stolon extention (Zubia et al., 2020). Many ulva species are stored as vegetables and its extensive production of biomass makes it vaible for the cultivation on large scale. The maximized rate of growth of *ulva sp.* per day was notices and reported at 19.2% using offshore cages with fixed tumbling and mixing of biomass with air and water exchange (Chemodanov *et al.*, 2019).

Onshore cultivation

cultivation In 1970-1980s of Chondruscrispus on-land or onshore started for the extraction of carrageenan (Craigie and Shacklock. 1995). Production take place by applying closed systems (e.g., in raceways, tanks, ponds or lagoons) in it water retained under control condition to provide suspended environment and exposed light for seaweed cultivation (Hafting et al., 2012; Currie, 2018).

The key benefits of land based farming are to check the prospects of adjustments used in the cultivation. Input of nutrients can be arranged precisely to enhance the creation of bioactive compounds and reduce the discharge of harmful components (Hafting et al., 2015). Monitoring of outflows and inflows done easily, water of sea is impelled and set it according to cultivation needs for seaweed. Addition of nutrients done from efficient methods forming media under control conditions (Hafting et al., 2012; Reid et al., 2020).

Main shortcomings of land based farming are the high input cost for infrastructure and maintenance of whole condition of farm. Availability of land with watery area is quite expensive (Hafting *et al.*, 2012). Land based cultivation of feedstock biofuel have various drawbacks, it need arable land to be unfocused from production of food, use of different fertilizers with its release

footprint of carbon (DeCicco *et al.*, 2016), which frequently use in the irrigation which is threatened in various agricultural areas (Rathmann *et al.*, 2010; Besharat *et al.*, 2020).

Offshore cultivation

Agency-Energy (ARPA-E) of the U.S. Department of Energy for the production of chemicals, fuels, and feeds. Among the possible species mentioned are *Sargassum spp.* in the Gulf of Mexico and the Caribbean, Saccharina in the Northeast (Western Atlantic Ocean), and Northwest (eastern Pacific Ocean of Washington and Alaska) (Kim *et al.*, 2017).

The farming of macroalgae for use in the products commercially is not productive in system of pond due its cost above the normal range and the seaweed produced from all these systems used in the formation of high quality products (Hafting et al..2015). Offshore production of seaweed is applied in enough area, around the shore space containing farms for floating and flat cultivation of kelp (Bird, 1987), currently wild farm integrated system started and also practice ring cultivation (Buck and Buchholz, 2004).

Offshore cultivation is a challenging system consider for the growth of epiphytes (Fletcher 1995, Vairappan *et al.*, 2008). For all these reasons, species of seaweed selected to farm in open water to reduce the epiphyte growth in the whole season and prevention from local state. The change of climate with the subsequent change of water chemistry and temperature of water that

could be the reason of decreasing of the cultivation area in ocean (Troell *et al.*, 2017; Oyinlola *et al.*, 2018).

The previous offshore farming is not still suitable for doing in open area and in deep water, the important aquaculture techniques installed in the protected areas. Generally the recent offshore and onshore farming are not seem good for environmental conditions, they consider unstable economically, fluctuations seen in their production because of biotic and abiotic factors (Sulaiman *et al.*, 2012; Peteiro *et al.*, 2016; Buschmann *et al.*, 2017).

Nearshore cultivation

cultivation near-shore important and mostly applied technique for seaweed cultivation, which were started in estuaries near shore areas (Soto and Wurmann, 2019). This system is also beneficial for not creating hurdles for arable area cultivation, from this it will be protected from the damages promoted from sea storms and agitation of sea. Advantage of this technique is the facilitation provided for bioremediation of river bowls that were polluted from activities derived from human agriculture activities (Zheng et al., 2019). As compared to the onshore and offshore production it is not much costly and laborious (Grote, 2019).

IMTA Cultivation

The ancient way of singular cultivation of seaweed is now modified by a combined system named IMTA (integrated multitropic aquaculture) to solve the environmental issues of aquaculture animal e.g. water eutrophication due to excretion and supplementary feed (Granada et al., 2016). The integrated multitropic aquaculture is a system used for rearing and culturing different species of various tropic levels close to each other. The waste products inorganic and organic are used and reused in the system provide as a nutrient to other factors (Knowler et al., 2020). In integrated multitropic aquaculture (IMTA) technique the excreta (as nutrient) taken from mollusk and fish contain phosphate and dissolved ammonia, from stabilizing the oxygen level, CO2 and PH convert these waste into valuable biomass (Fernand et al., 2017; Zheng et al., 2019; Knowler et al., 2020; Tanaka et al., 2020).

Integrated farming

In the cultivation of shrimps, litter remains are the main problem seen that cause toxicity in aquatic environment. In intensive farming of shrimps, the level of nitrogen is high in water which causes somehow problems for the immunity of shrimps. So for balancing the conditions of capacity and yield of stock need to balance the waste assimilation in environment (Neori *et al.*, 2004).

Seaweed used as bioremediators in biofloc system to treat the waste formed from organisms. Different species of Gracilaria present naturally in seaside area of Brazil that used in the effluent of shrimps. Use seaweed as biomediator, the advanced eutrophic condition of farming ponds (Samocha *et al.*, 2015).

Shrimp are exposed to disease easily bacterial and viral, like *V. parahaemolyticus* and WSSV (White Spot Virus Syndrome). This combined farming might be suitable for controlling the pathogenic organisms (Brito *et al.*, 2016).

Rate of survival is a main issue seen in farming of shrimp. An experiment performed on diseased shrimp with bacterial pathogen, that culture with seaweed show good survival and immunity against disease control. These macroalgae contain antiviral and antibacterial capacity beside immunocharacteristics stimulating that can alleviate its survival chances (Thanigaivel et al., 2016). In integrated culture of shrimp and seaweed, shrimp take seaweed as supplementary feed. From this enhance enzymatic activity and immunity. Due to this reduce oxidative stress because of antioxidant and bioactive compound taken from macroalgae and reduce pathogenic activities. The bioactive compounds are phenolic, sulfated, antioxidant and polysaccharides (Anaya et al., 2019).

Role of women in culture

In seaweed agriculture and the value chain, women frequently hold important leadership positions (Msuya, 2013). Seaweed farming was first and primarily adopted by women in India because it provided them with a safe and secure source of income (Krishnan and Narayanakumar, 2013). Women in the United Republic of Tanzania are leaders in seaweed cultivation and value addition, having taken the initiative in

this field (Msuya, 2013). Women were heavily involved in seaweed farming in the Philippines, particularly in seeding and post-harvest treatments; they made up roughly 44% of the regular seaweed farming workforce and were the primary source of casual labor (Hurtado, 2013).

Growing seaweed significantly promotes women's empowerment and community cohesion (Valderrama et al., 2015; Suyo et al., 2020; Suyo et al., 2021). Many homes with limited resources or vulnerable people can participate in seaweed production due to its labor-intensive, low-capital, and easy farming technology. This is especially species true for the tropical Kappaphycus/Eucheuma (Needham and Lentisco, 2013).

Maintainable culture of macroalgae to contribute in the creation of jobs and for the well-being of society, firstly i.e hatcheries, processing and grow-out operations secondly supplying goods from industries, provide services to mariculture such as equipment and feed, thirdly providing the jobs associated with it i.e directly or indirectly employment in the culture of seaweed (Pinfold, 2013).

Uses

In 20 years, the bioactive compounds from micro and macroalgae are commonly used in the industry of cosmetic. Algae as compared to terrestrial crops contain various new and exclusive components e.g terpenoid, polyphenols, sterol, halogen, polysaccharides and unsaturated fatty acids additionally protein, vitamin, trace

element and minerals (López-Hortas et al., 2021). Seaweed is used to enhance beauty. Many countries in South East Asia, including Japan, China, Korea, Malaysia, Thailand, Indonesia, and the Philippines, use seaweed because of its high protein content. Soups, salads, and curries are prepared using seaweeds such as Ulva sp., Enteromorpha sp., Caulerpa sp., Codium sp., Monostroma sp., Sargassum sp., Hydroclathrus sp., Laminaria sp., Undaria sp., Macrocystis sp., Porphyra sp., Gracilaria Eucheuma sp., Laurencia sp., Acanthophora sp, (Kolanjinathan et al., 2014).

Seaweed cultivation role in economics

Seaweed's upstream and downstream operations have benefited various sectors by fostering innovation and boosting economic development (Chen et al., 2020; Felaco et al., 2020; Padam and Chye, 2020; Wang et al., 2020). Additionally, seaweed offers resources such as food, renewable and raw materials, energy, contributes to cultural value through recreation. learning, heritage conservation, and scientific exploration (Hasselström et al., 2018).

Around 221 species of seaweed in which Chlorophytes 32, Phaeophytes 64 and Rhodophytes 125 that are using in development at commercial level among all these 24 utilize in medicinal products, 25 species used in animal feed, compost and in agriculture, 145 species are used as a food (White, 2015). Macroalgae are used as compost to enhance fertility of soil and better production of plants.

Seaweed also used as an organic fertilizer in farming recompenses the shortage of plant nutrients e.g phosphorous, nitrogen and potassium (Soares *et al.*, 2020).

Seaweed also used as enhancer of beauty due to good amount of protein and used in various areas e.g China, Korea, Indonesia, Thailand, Japan, South east Asia and Philippines. Seaweeds like Enteromorpha Codium sp., Sargassum sp., Laminaria sp., Macrocystis sp., Gracilaria sp., Acanthophora sp. Ulva sp., Caulerpa sp., Monostroma sp., Hydroclathrus sp., Undaria sp., Porphyra sp., Laurencia sp. and Eucheuma sp. are used in the formation of curry, salad and soup (Kolanjinathan et al., 2014) (Fig. 4).

Used in animal food

Seaweed also used as a food to the animals of farm e.g poultry, cattle etc. Macro-algae provide disease resistance and contain balanced amount micronutrients. They also help reducing the cow fever and mastitis. It also enhances iodine content and fat amount in milk and their products. Seaweed enhances yolk color of eggs and aids in increasing fertility and rate births in animals (CMFRI, 2010). From Gelidiella, species Sargassum, Gracilaria and Hypnea feed were prepared and used in culturing of prawns and fishes. The feed was balanced amino acids, minerals, carbohydrates that can also maintain quality of water in aquaculture (Chapman 2012).

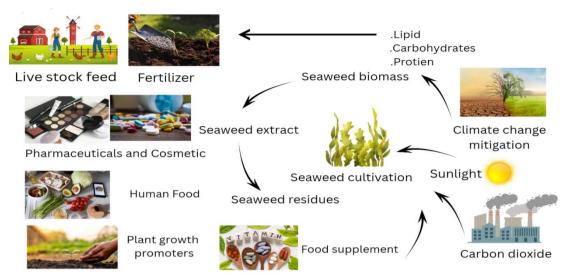


Figure 4: Various uses of seaweed.

Findings confirmed that from cattle decreasing emission of methane when give seaweed feed (Li et al., 2016; Duarte et al., 2017). Supplementation of seaweed in poultry, aquaculture feed and livestock were given from decades and show good results in meat quality, health of animal (Vijn et al., 2020). In case of addition of brown seaweed (Ascophyllum nodosum and Undaria pinnatifida) in the feed of sheep and pigs to enhance the health of animal's intestine and with the use of some seaweed red (Eucheuma percent denticulatum) in fishmeal enhance quality of meat of Japanese flounders by extending the omega-3 fatty acid in muscles (Shimazu et al., 2019).

del Olmo et al. (2018), examined a noteworthy development in physiochemical eminence of hard cheese when given as a supplementary with macroalgae e.g Undaria pinnatifida, Laminaria ochroleuca, Porphyra Ulva umbilicalis. lactuca, and Himanathalia elongate species. It is founded from research that microbiota of intestine were enhance in mice because of the use of polysaccharides of seaweed (Ulva prolifera and Porphyra haitanensis) as oral supplementary feed (Zhang *et al.*, 2022)

Food additive

Due to high level of vitamins minerals and protein in seaweed it is highly used as food for long time mainly in East Asia (Sho, 2001). They are also good source of animal feed and as supplements. *A. nodosum* brown seaweed was used in the feed of animals by the Canadian company to enhance the microbial invasion and immunity (Allen *et al.*, 2001; Saker *et al.*, 2001).

More than hundred seaweed species are used by Japanese. *A. nodosum* is used in the diet of people who are overweight to decrease the energy intake after feasting (Hall *et al.*, 2012). From species of *porphyra* derived R-phycoerythrin (Suganya *et al.*, 2016) also used as a food of color (Dumay *et al.*, 2014).

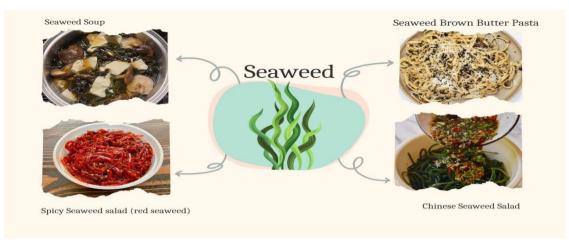


Figure 5: Uses in food.

High value macroalgae product is phycobiliproteins (approximately \$5000/g) (Suganya *et al.*, 2016). Although their lower constancy in light and heat, phycobiliproteins also play role in cosmetics (phycoerythrin and phycocyanin) and food natural colorant (Griffiths *et al.*

2016). Seaweed has enough fiber content, which can complicate the digestion phenomenon in humans, while ruminants have designed enzymes in their system that are helpful in their digestion and enhance the accessibility of nutrients (Holman and Malau, 2013) (Table 4).

Table 4: Edilble species of macro-algae.

Edible species of Seaweeds				
Brown Algae	Green Algae	Red Algae		
Durvillaea Antarctica	Caulerpa spp	Chondrus crispus		
Alaria esculenta	Codium spp	Eucheuma denticulatum		
Eisenia bicyetis	Enteromorpha spp	Gracitaria edutis		
Ascophyllum nodosum	Ulva lactuca	Champia compressa		
Fucus vesiculosus	Ulva spp	Gelidiella acerosa		
Fucus serratus	Ulva pertusa	Porphyra spp		
Laminaria hyperborean	Monostroma spp	Porphyra columbina		
Laminaria digitata	Ulva australis	Porphyra umbiticatis		
Himanthatia elongate	Entromorpha spp	Porphyra laciniata		
Sargassum swartzii		Gracilariopsis tongissima		
Sargassum fusiforme		Palmaria palmate		
Sarrgassum vulgare		Osmundea pinnatifida		
Sarrgassum muticum		Mastocarpus stellatus		
Undaria undarioides		Solieria robusta		
Undaria pinnatifida				
Stoechospermum marginatum				

Heavy metals absorption

From seawater absorb heavy metals that depends on different factors e.g season, species, wave exposure, location, light intensity, temperature, PH, age of the plant, nitrogen availability and salinity (Griffiths et al., 2016). Chen et al. (2018), explain the metalloids and metal Se, Mn, As, Hg, Al, Cr, Ni, Cu, Cd, and Pb that are absorb by red seaweeds. Mainly the concentrations of heavy metal in seaweed are low than preserving toxic limit. But the bioaccumulation level of lead, cadmium and arsenic are consider the culture of seaweed hazardous that can cause hyperpigmentation, allergies and cancer. Arsenic is consider as hazardous chemical compound carcinogenic in nature, it is taken as food by seaweeds and it is seen high level of arsenic present in seaweed as in organic form (Taylor et al., 2017). In coastal defense aquatic seaweed play role by decreasing the hydrodynamics energy of waves by normalizing high bed tides, protecting the area of tides from erosion (Christianen et al., 2013, Ondiviela et al., 2014).

The photosynthetic activity of seaweeds and microalgae can clean wastewater, lessen ocean acidification, reduce eutrophication, and capture carbon dioxide by removing nutrients (phosphorus and nitrogen) from nearby waters and absorbing carbon dioxide (Muraoka, 2004).

Pharmaceutical use

Natural commercially formed product named InSea2 available in different countries which is used to control metabolism of carbohydrates and blood sugar. The product InSea2 is formed from two seaweeds natural extracts A. nodosum and F. vesiculosus. These extracts have inhibitory factors called α -glucosidase and α -amylase (Roy et al., 2011).

Alginate is used to enhance the texture of paper. It is being used as a reactive foundation for textile reactive dye printing, a stabilizer for ice cream, and a possible additive for frozen foods. Alginates are also frequently employed as stabilizers in the pharmaceutical (Krishnamurthy industry 2005). Approximately 13000 years, marine macro algae were subjugated by anthropogenic activities in the field of food and medicine. In Chile at late Pleistocene settlement findings of seaweed based presence seen at Jomon period and Monte Verde in Japan (Ugent and Tindall, 1997), an archeological implication from earlier sites macro algae used in three different purpose of medical. from 400BC Ayunvedic medicine formed (Misra and Sinha, 1979) (Fig. 6).

Anti inflammatory activity

Methanol extract taken from *Ulva linza* and *Undaria pinnatifida* used due their anti-inflammation function, have actively participated in the resistant of inflammation while used against mouse erythema and ear edema. Edema was inactive by the species of macro-algae *Ulva linza* and *Undaria pinnatifida* (Mohammed *et al.*, 2008).

WONDER FOOD CHLORELLA

Some of the health benefits Associated with green algae:

- *Repairing nerve tissue
- *increasing your energy level
- *Enhancing your immune system
- *Improving digestion
- *Normalizing your blood pressure
- *Normalizing your blood sugar
- *Eliminating bad breath



Figure 6: Chlorella.

During in-vivo study extract of methanol from *Ulva linza* and *Undaria Pinnatifida* seaweeds which play role of anti-inflammation (Khan *et al.*, 2008). Extract of methane from Dictyota dichotoma was consider as noteworthy against β -lactamases by constraining GES-22 which can be effective in controlling the emergence condition of antibiotic resistance of bacteria in humans (Houchi *et al.*, 2018)

Bioactive compounds

Seaweeds are known for their natural in richness especial sulfated polysaccharides, bioactive molecules such as polyunsaturated fatty acids, proteins, lipids, natural pigments, carbohydrates, and minerals such as iron, potassium, sulfur, iodine, vitamins (Plaza et al., 2008; Kraan, 2013). Different studies noticed that various seaweed contain good amount of polyphenols that are antioxidant in nature (Gómez et al., 2018).

In red seaweed found carrageenans which are composed of D-series of 4-linked α -galactose residues. Polysaccharides called agarans are

extracted from red seaweed, which have L-series of 4-linked α -agalactose remains (Knutsen *et al.*, 1994). These are the molecules contain broad spectrum of antiviral, anticancer activities and anticoagulant (Jiao *et al.*, 2011; Mayer *et al.*, 2011).

Effect on climate and soil

The autotrophic seaweed mass production can help in enhancing the effect in change of climate. Seaweeds are considered as a good carbon sinks which help in absorbing the carbon dioxide from the environment to avert the atmosphere from acidification (Fernández et al., 2019). Sargassum, Ascophyllum, Laminaria are the species used as organic manure, which is by nature non-toxic. non-hazardous, biodegradable and non-polluting to birds animals and humans. Apart from this it enhance moisture holding ability and fertility of soil (Pati et al., 2016).

Seaweed enhance the soil nutritional profile e.g K, P, N and all the nutrients necessary for growth of plant (Nabti *et al.*, 2017). In seaweed the elements composition seen in the species of

Karachi coast are Zn, Pb, Na, Cd, Ca, Cu, Cr, Mg, Fe, k and Co. Most abundant elements are K, Mg, Ca, Na and Fe (Rizvi *et al.*, 2001).

Use in Cosmetics

different Pakistan is known for emporium of seaweed that is used in cosmetics. Shameel and Tanaka (1992) reported 177 genera and 475 species of benthic algae and marine planktonic present the aquatic environment. Among all seaweed, various used in the products of cosmetics formation. Commonly seen macro alga at the coast of Pakistan are Gracilaria gracilis, Hypnea musciformis, Laurencia obtusa, Gelidium usmanghanii, Scinaia Gracilaria saifullahii, corticata, Botryocladia leptopoda that used in the formation cosmatics products exploitation of agar (Afaq-Husain et al., 2001).

Biofuel production

By Using and applying seaweed in the industries of agriculture and energy. Convert seaweed into biofuel e.g biodiesel and bio-alcohols (butanol and ethanol) by adopting the process of fermentation microbial and the breakdown of phytochemical components (Ashokkumar et al., 2017; Ra et al., 2019). Biofuel yeild from different seaweeds species, after the fermentation of various microorganisms, by using different technology which can help in the efficient conversion that would be more effective for the production of biofuels on commercial scale (Tabassum et al., 2017; Ra et al.,

2019). *Ulva sp.* the green seaweed used to produce polylactic acid from feedstock (Helmes *et al.*, 2018).

Use to cure Cancer

The species of seaweed Fucus spp in brown algae has shown resistant against breast cancer and colorectal. Seaweed has various anticancer effects on breast and colon of human (Moussavou et al., 2014). In past, Chinese used Laminaria sp. for cancer treatment (Loeser, 1956). It is documented that various seaweed has anticancer effect against breast and colon cancer in human beings. Different macroalgae play defensive role from cancer by decreasing the formation of cancer cells. Due to good anti-oxidant ability of macroalgae as a defensive agent against heart diseases (Sharma et al., 2016). Macroalgae also used against diabetes. Administration of extract of Ulva faciata orally that decrease the glycosylated hemoglobin level and blood glucose as compared to other invivo standard of medicines (Abirami and Kowsalya, 2013).

Reproductive function

Macro-algae raise the amount of fat and iodine in milk and milk products and it improves the yolk color of eggs and increases animal fertility and birth rates. Fish and prawn culture are fed the food made from the species of Sargassum, Gracilaria, Gelidiella, and Hypnea (Gómez et al., 2018). The feed's mineral, amino acid. and carbohydrate enrichment helps maintain to aquaculture's water quality (Kaladharan et al., 1998). In aquaculture system it is used to prevent the waste from the culture of shrimp, which decrease the chances of eutrophication. The Gracilaria verrucosa specie of red seaweed have good efficacy to eliminate level of BOD and COD whereas Ulva fasciata a green macroalgae have higher efficacy for the ammonia removal (Sasikumar and Rengsamy, 1994).

Difficulties and challenges

Apart from benefits, many of difficulties seen in the propagation of seaweed that includes the lack of significant protocols for the gaining of callus induction, axenic cultures and the whole plant regeneration by using regulators for plant growth. For commercialization, hybridization is another technique used the production and growth in enhancement of macroalgae (Kopprio et al., 2021). New hybrid strain K. alvarezii denticulatum with and E. carrageenan composition and good growth rates was formed by using cellcell fusion technique and fusion of protoplast (Cheney et al., 1998; Bindu and Levine 2011).

External challenges

The problems of environment seen due to the evolvement of algae's processing and breeding. Halogenated hydrocarbons released from various algae that can cause effect on ultraviolet rays and on ozone. The mass of growing area is a suitable platform for the addition of new species. The equipment of breeding is the base of attachment for green macroalgae. Within the rise of

temperature the production rate of green seaweed increases that will be added in ocean and cause the green tides (Yu *et al.*, 2020).

Internal challenges

Macroalgae processing and production technology does not meet to its cultivation need. Recently the production of macroalgae is mostly established in low developed areas. Some counties, mainly China know the of large-scale offshore importance industrial production. seed raising. automated harvesting and maintain industrial chain for sale different products. Most of the countries, done basic productions and their practices for processing and harvesting are common. From the value addition in the products are squat due to the use of low techniques for purification and extraction (Pérez et al., 2016). In the open ocean the barriers seen for seaweed culture include insufficient technology that ropes the operational purpose and cultivation in open environment and professed possibility for aquatic (marine) mammal predicaments. Forming structures of aquaculture that can be viable economically and bear-up the hurdles of open sea area and the engineering difficulties faced for the advancement of tools, analysis and demonstration of complete system (Moscicki et al., 2024).

Conclusion

Seaweeds are an increasingly significant and highly valued marine asset, with expanding and varied uses across a wide range of industries, particularly in aquaculture. This is largely attributed to their rich nutritional content and the presence of numerous biologically active compounds. The integration of seaweed into aquaculture diets has vielded significant benefits, such as faster fish growth, strengthened immune systems, and a natural source of critical minerals and pigments. The escalating global demand for seaweed and its byproducts is driving the advancement of sustainable, environmentally responsible, and efficient farming techniques. To fully tap into seaweed's potential while ensuring both ecological and economic resilience, it is imperative to focus on maximizing nutrient yield, breeding durable and climate-resilient strains, and promoting the development of integrated multi-trophic aquaculture systems.

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